



DRA. YESSICCA FARGAS PRESIDENT

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CORE COMPETENCIES

YFG Professional Development Consulting offers tailored services to meet the unique needs of each client. Our core competencies include:

- **Leadership Development and Coaching:** Certified coaching programs for executives, managers, and emerging leaders.
- **Organizational Development:** Customized strategies to enhance performance, streamline processes, and drive sustainable growth.
- **Training Solutions:** Comprehensive workshops in DISC Profile, LEGO® SERIOUS PLAY® and DISC Flow methodologies.
- **Human Resources Consulting:** Recruitment, policy development, compliance audits, employee relations, and professional development.
- **Wellness Programs:** Holistic workshops focusing on mindfulness, stress management, and integral well-being.
- **Technology Training:** Expert-led training programs on Microsoft Excel, PowerPoint, Teams, Word and Outlook.

CORPORATE SNAPSHOT

- **UEI:** NZHNMY9C64K7
- **NAICS:** 611430, 541611, 541612, 611420
- **CAGE CODE:** 9RV53



YFG'S CAPABILITY STATEMENT

ABOUT US

YFG Professional Development Consulting is a firm established in 2021. We specialize in delivering transformative organizational and professional development solutions. Led by Dr. Yessicca Fargas, an experienced consultant certified by the International Coaching Federation and author of Sin Miedo a los Cambios, YFG is dedicated to empowering organizations and individuals to achieve tangible results through strategic coaching, training, and consulting services.

PAST PERFORMANCE

YFG's proactive, customized, and results-driven approach has fostered long-term partnerships and repeat business from our valued clients across various industries. Some of our clients are:

- USIC Group
- Puerto Rico Science Trust
- Grupo Nexos Inc.
- Supermercados Econo
- Seguros Múltiples
- Hertz
- Empacadora Hill Brothers
- SITRAC
- Universal Insurance
- Municipio de Carolina
- Oficina del Contralor
- Bravo Family Foundation
- Puerto Rico Supplies
- Premier Insurance

DIFFERENTIATORS

What sets YFG apart from competitors is our commitment to personalized, high-quality services and our unique qualifications, which include:

- **Certifications and Expertise:** Partner & Certified practitioner in Everything DISC® and LEGO® SERIOUS PLAY® methodology.
- **Tailored Solutions:** Every program is customized to address the specific needs and objectives of our clients.
- **Proven Track Record:** Over two decades of experience delivering measurable results for diverse industries.
- **Comprehensive Approach:** Integration of coaching, training, and consulting to address organizational and individual needs holistically.
- **Geographic Location:** Strategically based in Puerto Rico, providing a unique perspective and cultural understanding.
- **Industry Relationships:** Strong connections with key organizations and extensive experience working with government agencies, corporate clients, and nonprofit organizations.